

NETA Certification Board

Group Exercise Instructor & Personal Trainer Certification Exam Annual Statistics Report

»2018«



The NETA-CB Group Exercise Instructor and Personal Trainer Certifications are proudly accredited by the NCCA.

This report provides an overview of statistics for both the Group Exercise Instructor (GEI) and Personal Trainer (PT) certification examinations administered by the National Exercise Trainers Association – Certification Board (NETA-CB) from January 1 to December 31, 2018. The examinations discussed in this report were administered in a number of locations throughout the United States at different times throughout 2018. The data from these administrations have been combined and serve as the basis for the statistics appearing in this report.

The GEI and PT certification examinations were administered via computer-based testing (CBT) and paper-and-pencil format using computer-scan answer sheets (i.e., Scantron®) under secure, independently-proctored arrangements. Computer-based exams were administered at PSI Test Centers throughout the United States.

Table 1 summarizes the statistics for all GEI and PT examinations administered in 2018. Statistical reporting of the passing score, pass rate, and average score are based solely on candidates' responses to the 100 scored items appearing on each form of the exam. Additional data including standard deviation, standard error of measurement, decision consistency, and reliability estimate are available upon request.

Table 1 – 2018 Exam Statistics

Exam Form	Scored Items	Pretest Items	Passing Score	Number of Candidates	Pass Rate	Average Score
Group Exercise Instructor (V-4.0)	100	20	68	710	83.4%	77.5
Personal Trainer (V-8.1)	100	20	72	824	66.3%	74.0

The NETA Group Exercise Instructor and Personal Trainer credentials are valid for two (2) years from the date of issue. NETA-certified exercise professionals must earn a minimum of twenty (20) continuing education credits (CECs) prior to the designated expiration date to renew their certification. Table 2 summarizes the total number of exercise professionals holding valid NCCA-accredited NETA certifications as of December 31, 2018.

Table 2 – Number of Certified Professionals

NETA Credential	Total Certified
Group Exercise Instructor	4,076
Personal Trainer	2,918

If you have questions regarding this report, please contact NETA at 1-800-237-6242.