

NETA Certification Board

Group Exercise Instructor & Personal Trainer Certification Exam Annual Statistics Report

»2021«



ACCREDITED
CERTIFICATION PROGRAM



NCCA BYICE

The NETA-CB Group Exercise Instructor and Personal Trainer Certifications are proudly accredited by the NCCA.

This report provides an overview of statistics for both the Group Exercise Instructor (GEI) and Personal Trainer (CPT) certification examinations administered by the National Exercise Trainers Association – Certification Board (NETA-CB) from January 1 to December 31, 2021. The examinations presented in this report were administered in a number of locations throughout the United States at different times throughout 2021. The data from these administrations have been combined and serve as the basis for the statistics appearing in this report.

The GEI and CPT certification examinations were administered via computer-based testing (CBT) and paper-based testing (PBT) formats. Paper-based exams were administered to groups of candidates by an approved independent proctor. Computer-based exams were administered to individual candidates via live remote online proctoring services provided by ProctorU.

Table 1 summarizes the statistics for all GEI and CPT examinations administered in 2021. Statistical reporting of the passing score, pass rate, and average score are based solely on candidates' responses to the 100 scored items appearing on each form of the exam. Additional data including standard deviation, standard error of measurement, decision consistency, and reliability estimate are available upon request.

Table 1 – 2021 Exam Statistics

| Exam Form | Scored Items | Pretest Items | Passing Score | Number of Candidates | Pass Rate | Average Score |
|--|--------------|---------------|---------------|----------------------|-----------|---------------|
| Group Exercise Instructor (V-4.1) | 100 | 20 | 68 | 134 | 76.1% | 74.8 |
| Personal Trainer (V-9.1) | 100 | 20 | 72 | 220 | 57.7% | 73.4 |

The NETA Group Exercise Instructor and Personal Trainer credentials are valid for two (2) years from the date of issue. NETA-certified exercise professionals must earn a minimum of twenty (20) approved continuing education credits (CECs), maintain a valid and acceptable adult CPR/AED certification, and submit a renewal application to complete the recertification process. Table 2 summarizes the total number of exercise professionals holding valid NCCA-accredited NETA certifications as of December 31, 2021.

Table 2 – Number of Certified Professionals

| NETA Credential | Total Certified |
|----------------------------------|-----------------|
| Group Exercise Instructor | 2,722 |
| Personal Trainer | 2,143 |

Questions regarding this report should be directed to NETA at 1-800-237-6242 or neta@netafit.org.