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Please contact NETA for questions regarding CPR/AED providers not listed in this reference guide. 1-800-237-6242.
Introduction

Exercise professionals have a duty to provide emergency care, such as cardiopulmonary resuscitation (CPR) and the use of an automated external defibrillator (AED), when the situation arises. It is critical that exercise professionals are properly trained and skilled at providing immediate cardiac care of this nature. As such, obtaining and maintaining appropriate safety certifications is an important element of risk management for both exercise professionals and their employers.

Effective January 1, 2016, all NETA-certified Personal Trainers, both new and renewing, must hold a valid adult CPR and AED certification from a recognized provider. All NETA-certified Group Exercise Instructors, both new and renewing, must hold a valid adult CPR certification from a recognized provider. Recognized providers qualified to provide such training and certifications include, but are not limited to the American Heart Association (AHA), the American Red Cross (ARC), the American Safety & Health Institute (ASHI), and the National Safety Council (NSC). NETA will only accept CPR and AED certifications that include a live hands-on skills assessment. In other words, NETA will not accept CPR/AED certification completed entirely online.

CPR is a physical skill that requires hands-on instruction and practice. NETA’s policy requiring CPR/AED certification that includes a hands-on practical skills assessment is consistent with standards established by the American College of Sports Medicine (ACSM), the Occupational Health and Safety Administration (OSHA), and the Medical Fitness Association (MFA), as well as other respected organizations (MFA, 2013; Shenefelt, 2013; Tharrett & Peterson, 2012).

Many CPR/AED certification providers offer blended learning opportunities through which students initially gain knowledge via online, computer-based learning activities. Upon completion of the online portion of the certification course, the student then attends a live workshop at which key learnings are reviewed, the hands-on skills are practiced and evaluated, and finally a written multiple-choice examination is administered. It is only upon success completion of both the online and the live hands-on component of the course is the participant granted their official CPR/AED certification.

The following CPR/AED Certification Reference Guide is intended to provide guidance with regard to the evaluation and selection of appropriate CPR/AED certification providers. Although we have made every effort to include as many providers as possible, this reference guide is not inclusive of all CPR/AED providers in existence. Please contact NETA’s office at 1-800-237-6242 or neta@netafit.org if you have questions regarding CPR/AED Providers.

References:


NETA accepts all American Heart Association (AHA) CPR/AED certifications. All AHA CPR/AED certifications require completion of a live hands-on skills assessment. For blended learning courses, the participant will first complete the online portion of the certification course. Within 60 days of completion, then must visit an AHA approved Training Center or Instructor to complete the hands-on skills assessment and earn the official certification. If the hands-on skills assessment is not completed with 60 days following the online component, then the individual must retake the online portion of the course.

The American Heart Association’s Course Card Reference Guide provides samples of all other wallet cards and e-certificates.

http://cpr.heart.org/idc/groups/ahaecc-public/@wcm/@ecc/documents/downloadable/ucm_485177.pdf

AHA certificates may be verified by visiting:
https://ahainstructornetwork.americanheart.org/AHAECARD/ecard.jsp?pid=ahaecard.employerStudentSearch
American Red Cross
http://www.redcross.org

NETA accepts American Red Cross (ARC) CPR/AED certifications that include a live hands-on skills assessment. The American Red Cross only issues full certification upon completion of an in-person workshop or a blended learning course that combines both online learning followed by hands-on training and skills evaluation. The ARC does offer an online learning course, which grants a certificate of completion, but this does not represent the full ARC CPR/AED certification. The certification wallet card or e-certificate issued upon completion of a full certification course through the ARC will include the ARC chapter or instructor’s name. The certificate of completion issued after completion of an online learning course does not include an instructor’s name and therefore is not accepted.

ARC certificates may be verified by visiting: https://classes.redcross.org/web_common_img/assets/Verify.html
NETA accepts all CPR/AED certifications provided by the American Safety & Health Institute (ASHI). ASHI does not offer, recognize, or accept any online-only layperson basic life support (BLS) or CPR certification. Certification of participants requires face-to-face evaluation of hands-on skills by an authorized instructor to verify skill competency. The ASHI CPR, AED, and First Aid training programs are developed and administered by the Health and Safety Institute (HSI). ASHI CPR, AED, and First Aid training programs are equivalent to the CPR, AED, and First Aid training programs developed and administered by the American Heart Association and the American Red Cross.
NETA accepts all CPR/AED certifications provided by the National Safety Council (NSC). The NSC offers instructor-led classroom courses as well as blended learning format, which combines online training with a 2-hour hands-on skills testing session. Students who successfully complete the written exam and skills testing receive a nationally recognized NCS course completion card. The certification card is issued only to those who successfully complete both components of the certification course.
ProTrainings offers several certifications known as Pro CPR, Pro CPR Basic, Pro First Aid, Pro First Aid Advanced, Community CPR, and others. ProTrainings delivers both online-only and blended learning certification courses. **NETA will only accept ProTrainings certifications earned after completing a blended learning course that includes a hands-on skills assessment.**

All First Aid Advanced training and knowledge-based testing is completed online at [www.procpr.org](http://www.procpr.org) or [www.profistaid.com](http://www.profistaid.com). Skills are then evaluated either: (1) **remotely via web conference** by one of our in-house CPR instructors or (2) in person by a registered ProTrainings Skill Evaluator or certified CPR Instructor. The Blended Certificate looks similar to the regular version, except on the back there will be a listing for the Skill Evaluator’s Name and registry number.

**NOTE:** NETA will only accept ProCPR certification that includes the hands-on skills assessment. The card must indicate the skill evaluator and registry number.
CPR Test Center
http://www.cprtestcenter.com/

CPR Test Center delivers both online-only and blended learning certification courses. **NETA will only accept CPR Test Center certifications earned after completing a blended learning course that includes a hands-on skills assessment.** On the back of the CPR Test Center wallet card, there is line titled “Area #” and a corresponding code. The first letter in the Area # code determines the type of course that was completed. "A" indicates a blended learning course, "B" indicates an online-only course, and "C" indicates a classroom course. Course codes beginning with either “A” or “C” include a hands-on skills assessment and therefore will be accepted by NETA. Certifications with an Area # code beginning with “B” are not accepted.

NOTE: NETA will only accept CPR Test Center certifications indicated by an Area # code beginning with either “A” or “C”.

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CPR/AED Certification Provider Reference Guide
The *Emergency Care and Safety Institute (ECSI)* offers both blended (i.e., hybrid) training courses involving both online learning and a live skills evaluation, and in-person courses. **NETA will only accept CPR/AED certifications granted by ECSI after the completion of a live hands-on practical skills evaluation.** If the student only completed the online portion of a hybrid course, then the certificate will specifically state that it is only for the online portion. ECSI certificates for the full classroom course or the card given to a student after they complete the in-person mandatory skills evaluation states they completed the Knowledge and Skill Evaluation for the ECSI course and then states the actual course. See samples provided below.

ECSI certificates may be verified by visiting: [http://www.ecsinstitute.org/EdCenter/StudentCertificateLookup.aspx](http://www.ecsinstitute.org/EdCenter/StudentCertificateLookup.aspx)
NETA accepts all CPR/AED certifications provided by EMS Safety Services. All CPR/AED classes offer by EMS Safety Services are conducted in-person and include a live hands on skills evaluation. See sample certification card provided below.
e-CPR Certification
http://ecprcertification.com/

e-CPR Certification courses are completed entirely online. **NETA will not accept CPR/AED certifications granted by e-CPR Certification.**

American CPR Care Association
https://cprcare.com/

American CPR Care Association certification courses are completed entirely online. **NETA will not accept CPR/AED certifications granted by the American CPR Care Association.**

American Academy of CPR and First Aid, Inc.
http://www.onlinecprcertification.net/

American Academy of CPR and First Aid certification courses are completed entirely online. **NETA will not accept CPR/AED certifications granted by the American Academy of CPR and First Aid, Inc.**

National CPR Foundation
https://www.nationalcprfoundation.com/

National CPR Foundation certification courses are completed entirely online. **NETA will not accept CPR/AED certifications granted by the National CPR Foundation.**

CPR Today!
http://www.cprtoday.com/

CPR Today! certification courses are completed entirely online. **NETA will not accept CPR/AED certifications granted by CPR Today!.**
First Aid Web, Inc.  
http://www.firstaidweb.com

_First Aid Web_ certification courses are completed entirely online. **NETA will not accept CPR/AED certifications granted by First Aid Web, Inc.**

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International CPR Institute, Inc.  
http://www.icpri.com/

_**International CPR Institute**_ certification courses are completed entirely online. **NETA will not accept CPR/AED certifications granted by the International CPR Institute, Inc.**

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American Health Care Academy, LLC  
https://cpraedcourse.com

_American Health Care Academy_ certification courses are completed entirely online. **NETA will not accept CPR/AED certifications granted by the American Health Care Academy, LLC.**

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Simple CPR  
(aka American Health Association)  
https://www.simplecpr.com/

_Simple CPR_ certification courses are completed entirely online (with the exception of classes offered at Simple CPR’s facilities located in Sacramento, CA and Modesto, CA, which do include a hands-on skills assessment). Certification cards provided after completion of a Simple CPR online course indicate that it is issued from the American Health Association. **NETA will not accept online CPR/AED certifications granted by Simple CPR (aka the American Health Association).**

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New Life CPR  
http://www.newlifecpr.com/

_New Life CPR_ certification courses are completed entirely online. **NETA will not accept CPR/AED certifications granted by New Life CPR.**
Advanced Medical Certification
https://advancedmedicalcertification.com/

*Advanced Medical Certification* courses are completed entirely online. **NETA will not accept CPR/AED certifications granted by *Advanced Medical Certification*.

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American Life & Health Foundation
http://www.cprandfirstaid.net/

*American Life & Health Foundation* courses are completed entirely online via [www.cprandfirstaid.net](http://www.cprandfirstaid.net). **NETA will not accept CPR/AED certifications granted by *American Life & Health Foundation*.

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CPR Certified – Indigo Medical Training
https://www.cprcertified.com/

*CPR Certified* courses are completed entirely online. **NETA will not accept CPR/AED certifications granted by *CPR Certified – Indigo Medical Training*