CPR/AED Certification Provider Reference Guide





TABLE OF CONTENTS

Introduction	2
References	3
Approved Approved	
American Heart Association	4
American Red Cross	
American Safety & Health Institute	6
American CPR Care Association	
American Health Care Academy	7
American Safety Training Institute	
CPR Test Center	9
Ellis Education Services	10
Emergency Care & Safety Institute	11
EMS Safety Services	12
Know CPR	13
National Safety Council	14
Pacific Medical Training	15
ProTrainings (Pro CPR)	16
Not Approved	
Advanced Medical Certification	17
American Academy of CPR and First Aid, Inc	
American AED CPR Association	
American Health Training	
American Life & Health Foundation	
CardioReady	
CPR Certified Indigo Medical Training	
e-CPR Certification	
First Aid Web, Inc.	18
International CPR Institute, Inc	
National CPR Foundation	
National Health Care Provider Solutions	19
National Health & Safety Association	
New Life CPR	
ProMed Certifications	
ResusciTech	20
Simple CPR (aka American Health Association)	20

Please contact NETA for questions regarding CPR/AED providers not listed in this reference guide. 1-800-237-6242.

Website URLs provided in the Guide were valid as of January 1, 2024

Introduction

Exercise professionals have a duty to provide emergency care, such as cardiopulmonary resuscitation (CPR) and the use of an automated external defibrillator (AED), when the situation arises. It is critical that exercise professionals are properly trained and skilled at providing immediate cardiac care of this nature. As such, obtaining and maintaining appropriate safety certifications is an important element of risk management for both exercise professionals and their employers.

Effective January 1, 2016, all NETA-certified Personal Trainers, both new and renewing, must hold a valid adult CPR and AED certification from a nationally recognized provider. All NETA-certified Group Exercise Instructors, both new and renewing, must hold a valid adult CPR certification from a nationally-recognized provider. Nationally-recognized providers qualified to provide such training and certifications include, but are not limited to the American Heart Association (AHA), the American Red Cross (ARC), the American Safety & Health Institute (ASHI), and the National Safety Council (NSC). NETA will only accept CPR and AED certifications that include a live hands-on skills assessment, completed either in-person or virtually, with a qualified and authorized instructor. In other words, NETA will not accept CPR/AED certification completed entirely online, without a live practical skills evaluation. For more information regarding NETA's CPR/AED requirements, please see NETA's Exam Candidate Handbook and Recertification Handbook, which may be found on NETA's website.

CPR is a physical skill that requires hands-on instruction and practice. NETA's policy requiring CPR/AED certification that includes a hands-on practical skills assessment is consistent with standards established by the American College of Sports Medicine (ACSM), the Occupational Health and Safety Administration (OSHA), and the Medical Fitness Association (MFA), as well as other respected organizations (Galassi, 2012; MFA, 2013; Sanders, 2019; Shenefelt, 2013; Tharrett & Peterson, 2012).

Many CPR/AED certification providers offer blended learning opportunities through which students initially gain knowledge via online, computer-based learning activities. Upon completion of the online portion of the certification course, the student then attends a live workshop at which key learnings are reviewed, the hands-on skills are practiced and evaluated, and finally a written multiple-choice examination is administered. It is only upon success completion of both the online and the live hands-on component of the course is the participant granted their official CPR/AED certification.

The following CPR/AED Certification Reference Guide is intended to provide guidance with regard to the evaluation and selection of appropriate CPR/AED certification providers. Although we have made every effort to include as many providers as possible, this reference guide is not inclusive of all CPR/AED providers in existence. Please contact NETA's office at 1-800-237-6242 or <a href="mailto:neta-attention-

References

Galassi, T. (2012). Clarification of OSHA training requirements for basic first aid and cardiopulmonary resuscitation (CPR).[1910.151; 1910.146; 1910.266; 1910.269; 1910.410; 1926.950]. 2 August, 2012. https://www.osha.gov/pls/oshaweb/owadisp.show_document?p_table=INTERPRETATIONS&p_id=28541

Medical Fitness Association (2013). *Standards & Guidelines for Medical Fitness Center Facilities*, 2nd edition. Monterey, CA: Healthy Learning.

Sanders, M.E. (Sr.Ed.) (2019). ACSM's Health/Fitness Facility Standards and Guidelines, 5th edition. Champaign, IL: Human Kinetics.

Shenefelt, R. (2013, April 1). Unmasking the certification mill problem. Occupational Health & Safety, 82(4), 48-50.

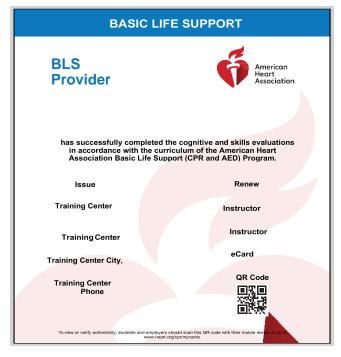
Tharrett, S.J. & Peterson, J.A. (Eds.). (2012). *ACSM's Health/Fitness Facility Standards and Guidelines*, 4th edition. Champaign, IL: Human Kinetics.

Thompson, P.D., Baggish, A.L., Franklin, B., Jaworski, C., & Riebe, D. (2020). American College of Sports Medicine Expert Consensus Statement to Update Recommendations for Screening, Staffing, and Emergency Policies to Prevent Cardiovascular Events at Health Fitness Facilities. *Current Sports Medicine Reports*, 19(6), 223-231.

American Heart Association

http://www.heart.org

NETA accepts Heartsaver and Healthcare Professional level (e.g., BLS, ACLS) certifications offered by the American Heart Association (AHA). NETA does *not* accept the Friends & Family CPR course, which is an orientation to CPR, but is not a certifying or credentialing course. AHA CPR/AED certifications require completion of a live hands-on skills assessment. For blended learning courses, the participant will first complete the online portion of the certification course. Within 60 days of completion, then must visit an AHA approved Training Center or Instructor to complete the hands-on skills assessment and earn the official certification. If the hands-on skills assessment is not completed with 60 days following the online component, then the individual must retake the online portion of the course.





The American Heart Association's *Course Card Reference Guide* (September 2022) provides samples of all current wallet cards and e-certificates.

https://cpr.heart.org/-/media/CPR-Files/Resources/Course-Card-Information/9 21 22 Files/KJ-0916 CCRG 9-22 secured-5.pdf

AHA certificates may be verified by visiting:

https://ecards.heart.org/student/myecards?pid=ahaecard.employerStudentSearch

American Red Cross

http://www.redcross.org

NETA accepts American Red Cross (ARC) CPR/AED certifications that include a live hands-on skills assessment. The American Red Cross only issues full certification upon completion of an in-person workshop or a blended learning course that combines both online learning followed by hands-on training and skills evaluation. The ARC does offer an online learning course, which grants a certificate of completion, but this does *not* represent the full ARC CPR/AED certification. The certification wallet card or e-certificate issued upon completion of a full certification course through the ARC will include the ARC chapter or instructor's name. The certificate of completion issued after completion of an online learning course does not include an instructor's name and therefore is not accepted.

Please Note: NETA does not accept the 'online only' certifications offered by the American Red Cross, which are intended for laypersons. As noted in the online only course description on the ARC website, "The 2021 Adult CPR/AED online course equips students with the knowledge necessary to recognize and care for a variety of breathing, and cardiac emergencies involving adults. To receive a valid 2 year Red Cross digital certificate that is OSHA compliant and meets other workplace and regulatory requirements, you must enroll in an Instructor-led skill session within 90 days of completing the online course."

NETA does not accept the ARC instructor-level certification since the instructor recertification assessment is completed entirely online. NETA only accepts an appropriate basic-level CPR/AED certification from the American Red Cross (ARC). In order to be an instructor for the ARC, instructors must maintain their 'basic-level' certification. As noted in the ARC Instructor manual, "To maintain certification as an instructor, you must: ... "Maintain an Adult CPR/AED basic-level certification." As such, NETA only accepts basic-level certifications granted by the ARC.





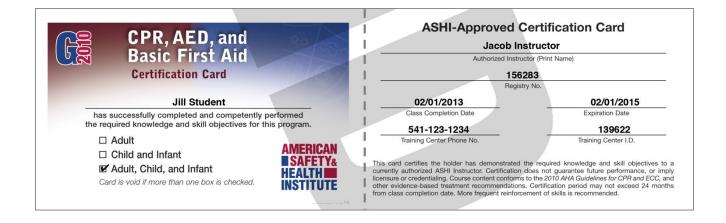
ARC certificates may be verified by visiting: https://www.redcross.org/take-a-class/digital-certificate

American Safety & Healthy Institute

http://www.hsi.com/ashi

NETA accepts all CPR/AED certifications provided by the American Safety & Health Institute (ASHI).

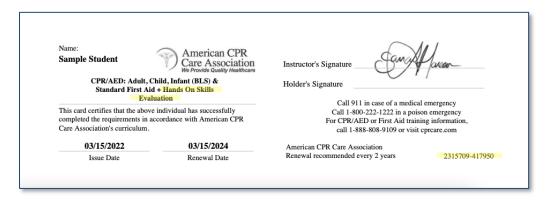
ASHI does not offer, recognize, or accept any online-only layperson basic life support (BLS) or CPR certification. Certification of participants requires face-to-face evaluation of hands-on skills by an authorized instructor to verify skill competency. The ASHI CPR, AED, and First Aid training programs are developed and administered by the Health and Safety Institute (HSI). ASHI CPR, AED, and First Aid training programs are equivalent to the CPR, AED, and First Aid training programs developed and administered by the American Heart Association and the American Red Cross.



American CPR Care Association

https://cprcare.com/blended/

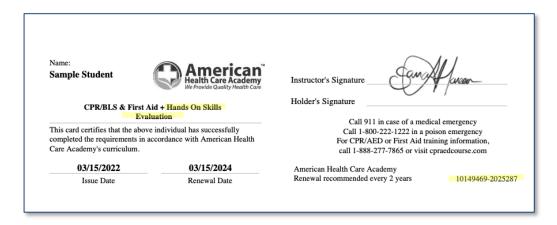
American CPR Care Association offers both online-only and blended learning (i.e., online + live virtual hands-on skills evaluation) courses. NETA will only accept CPR/AED certifications granted by American CPR Care Association after completion of a blending learning course including a live hands-on practical skills evaluation. The online-only certification course will not be accepted. NETA will only accept a certification card that indicates a hands-on skills evaluation was completed, as seen on the sample card below. Each certification card includes a unique customer ID on the bottom right, which may be used to verify card authenticity.



American Health Care Academy

https://cpraedcourse.com/blended-learning

American Health Care Academy offers both online-only and blended learning (i.e., online + live virtual hands-on skills evaluation) courses. NETA will only accept CPR/AED certifications granted by American Health Care Academy after completion of a blending learning course including a live hands-on practical skills evaluation. The online-only certification course will not be accepted. NETA will only accept a certification card that indicates a hands-on skills evaluation was completed, as seen on the sample card below. Each certification card includes a unique customer ID on the bottom right, which may be used to verify card authenticity.



American Safety Training Institute

https://www.americansti.org/

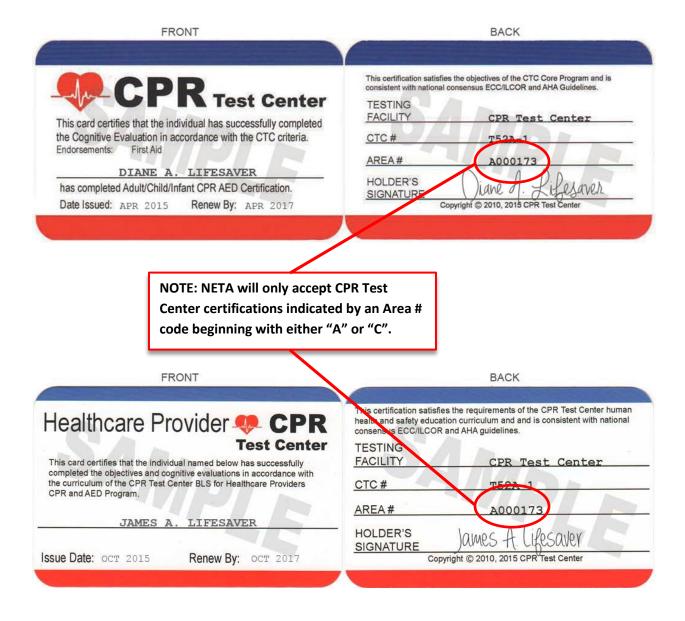
American Safety Training Institute delivers blended (i.e., hybrid) training courses involving both online learning and a live skills evaluation, in-person courses, and entirely online trainings. **NETA will only accept CPR/AED certifications granted by American Safety Training Institute after the completion of a live hands-on practical skills evaluation.** The entirely online training will not be accepted.



CPR Test Center

http://www.cprtestcenter.com/

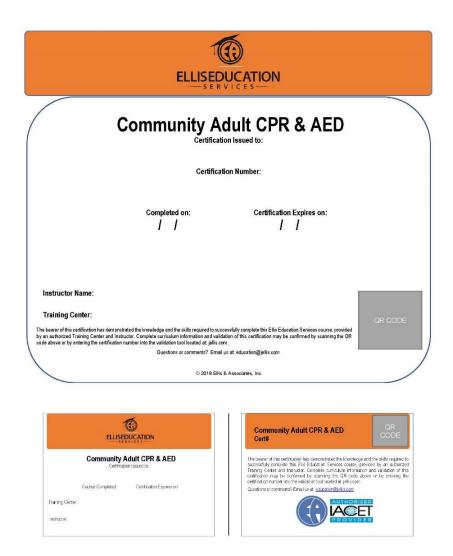
CPR Test Center delivers both online-only and blended learning certification courses. **NETA will only** accept **CPR Test Center certifications earned after completing a blended learning course that includes** a hands-on skills assessment. On the back of the CPR Test Center wallet card, there is a line titled "Area #" and a corresponding code. The first letter in the Area # code determines the type of course that was completed. "A" indicates a blended learning course, "B" indicates an online-only course, and "C" indicates a classroom course. Course codes beginning with either "A" or "C" include a hands-on skills assessment and therefore will be accepted by NETA. Certifications with an Area # code beginning with "B" are not accepted.



Ellis Education Services

https://jellis.com/

Ellis Education Services delivers both blended (i.e., hybrid) training courses involving both online learning and a live skills evaluation, and in-person courses. **NETA will only accept CPR/AED certifications granted by Ellis Education Services after the completion of a live hands-on practical skills evaluation.** If the student only completed the online portion of a hybrid course, then they receive a digital form acknowledging the completion of the online portion. Students receive the official certification upon completing the skills evaluation. See example below:

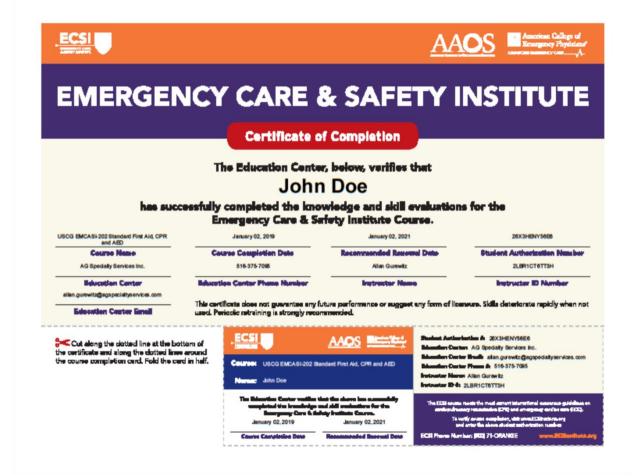


Ellis Education Services certificates may be verified by visiting: https://jellis.com/cert-check

Emergency Care & Safety Institute

http://www.ecsinstitute.org/

The Emergency Care and Safety Institute (ECSI) offers both blended (i.e., hybrid) training courses involving both online learning and a live skills evaluation, and in-person courses. NETA will only accept CPR/AED certifications granted by ECSI after the completion of a live hands-on practical skills evaluation. If the student only completed the online portion of a hybrid course, then the certificate will specifically state that it is only for the online portion. ECSI certificates for the full classroom course or the card given to a student after they complete the in-person mandatory skills evaluation states they completed the Knowledge and Skill Evaluation for the ECSI course and then states the actual course. See sample provided below.



ECSI certificates may be verified by visiting: http://www.ecsinstitute.org/EdCenter/StudentCertificateLookup.aspx

EMS Safety Services

http://www.emssafetyservices.com/

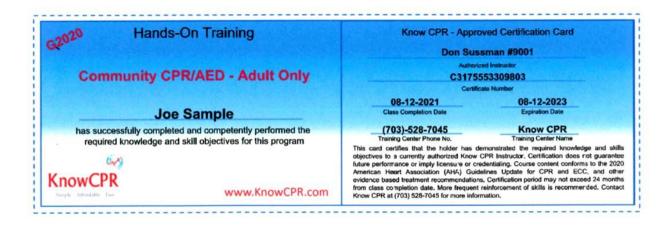
NETA accepts all CPR/AED certifications provided by EMS Safety Services. All CPR/AED classes offer by EMS Safety Services are conducted in-person and include a live hands-on skills evaluation. See sample certification card provided below.



Know CPR

https://knowcpr.com/

NETA accepts all CPR/AED certifications provided by Know CPR. Know CPR offers in-person and hybrid (both online learning and a live skills evaluation) CPR/AED and first aid training courses. All in-person and hybrid training include mandatory hands-on training and skills evaluation by a Know CPR-certified instructor. Hands-on skills are evaluated either: (1) in-person, or (2) remotely via web conference on manikins that have been sent to the student prior to class. All students must complete the hands-on skills evaluation to receive the official certification below.

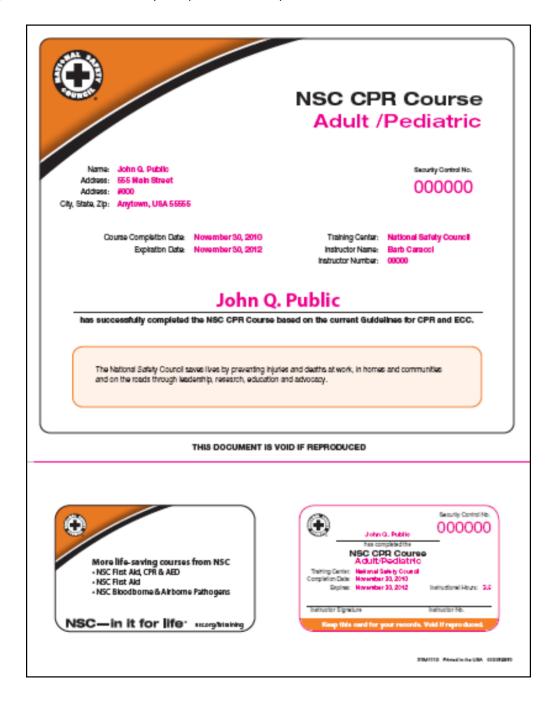


Know CPR certificates may be verified by visiting: https://knowcpr.com/check.php

National Safety Council

http://www.nsc.org/learn/Safety-Training/Pages/first-aid-training

NETA accepts all CPR/AED certifications provided by the National Safety Council (NSC). The NSC offers instructor-led classroom courses as well as blended learning format, which combines online training with a 2-hour hands-on skills testing session. Students who successfully complete the written exam and skills testing receive a nationally recognized NCS course completion card. The certification card is issued only to those who successfully complete both components of the certification course.



Pacific Medical Training

https://pacificmedicaltraining.com/index.html https://911coned.com/

Pacific Medical Training (PMT) delivers both online-only and blended learning certification courses. The certification card issued by PMT is similar for both online and blended learning courses. **NETA will only accept PMT certification cards that are accompanied by a completed Skills Verification Form.**



ProTrainings (Pro CPR)

http://www.protrainings.com/

ProTrainings offers several certifications known as Pro CPR, Pro CPR Basic, Pro First Aid, Pro First Aid Advanced, Community CPR, and others. ProTrainings delivers both online-only and blended learning certification courses. **NETA will only accept ProTrainings certifications earned after completing a blended learning course that includes a hands-on skills assessment.**

All CPR/AED, BLS, and First Aid trainings and knowledge-based testing is completed online at www.protrainings.com/courses. Skills are then evaluated either: (1) remotely via web conference by one of their in-house CPR instructors or (2) in person by a registered ProTrainings Skill Evaluator or certified CPR Instructor. The Blended Certificate looks similar to the regular version, except on the back there will be a listing for the Skill Evaluator's Name and registry number.





ProTrainings certificates may be verified by visiting: https://www.protrainings.com/certifications/validate

For more information regarding course completion cards, please see the ProTrainings Compliance Packet

Advanced Medical Certification

https://advancedmedicalcertification.com/

Advanced Medical Certification courses are completed entirely online. **NETA will not accept CPR/AED** certifications granted by Advanced Medical Certification.

American Academy of CPR and First Aid, Inc.

http://www.onlinecprcertification.net/

American Academy of CPR and First Aid certification courses are completed entirely online. **NETA will** not accept CPR/AED certifications granted by the American Academy of CPR and First Aid, Inc.

American AED CPR Association

https://www.aedcpr.com/

American AED CPR Association courses are completed entirely online. **NETA will not accept CPR/AED** certifications granted by the American AED CPR Association.

American Health Training

https://www.americanhealthtraining.com/

American Health Training certification courses are completed entirely online. **NETA will not accept CPR/AED certifications granted by the American Health Training.**

American Life & Health Foundation

http://www.cprandfirstaid.net/

American Life & Health Foundation courses are completed entirely online via www.cprandfirstaid.net.

NETA will not accept CPR/AED certifications granted by American Life & Health Foundation.

CardioReady Training

https://www.cardioreadytraining.com/

The CardioReady Training course is completed entirely online. NETA will not accept CPR/AED certifications granted by CardioReady Training.

CPR Certified – Indigo Medical Training

https://www.cprcertified.com/

CPR Certified courses are completed entirely online. **NETA will not accept CPR/AED certifications** granted by CPR Certified – Indigo Medical Training.

e-CPR Certification

http://ecprcertification.com/

e-CPR Certification courses are completed entirely online. **NETA will not accept CPR/AED certifications** granted by e-CPR Certification.

First Aid Web, Inc.

http://www.firstaidweb.com

First Aid Web certification courses are completed entirely online. **NETA will not accept CPR/AED** certifications granted by First Aid Web, Inc.

International CPR Institute, Inc.

http://www.icpri.com/

International CPR Institute certification courses are completed entirely online. **NETA will not accept** CPR/AED certifications granted by the International CPR Institute, Inc.

National CPR Foundation

https://www.nationalcprfoundation.com/

National CPR Foundation certification courses are completed entirely online. **NETA will not accept** CPR/AED certifications granted by the National CPR Foundation.

National Health Care Provider Solutions

https://nhcps.com/

National Health Care Provider Solutions courses are completed entirely online. **NETA will not accept** CPR/AED certifications granted by National Health Care Provider Solutions.

National Health & Safety Association

https://www.cpr.io/

National Health & Safety Association courses are completed entirely online. NETA will not accept CPR/AED certifications granted by National Health & Safety Association.

New Life CPR

http://www.newlifecpr.com/

New Life CPR certification courses are completed entirely online. **NETA will not accept CPR/AED** certifications granted by New Life CPR.

ProMed Certifications

https://promedcert.com/

ProMed Certifications courses are completed entirely online. **NETA will not accept CPR/AED** certifications granted by *ProMed Certifications*.

ResusciTech

https://resuscitech.io/

ResusciTech CPR certification is completed using smartphone-based app and does not include a live hands-on skills evaluation conducted by a qualified and authorized instructor. **As such, NETA will not accept CPR/AED certifications granted by ResusciTech.**

Simple CPR

(aka American Health Association)

https://www.simplecpr.com/

Simple CPR certification courses are completed entirely online (with the exception of classes offered at Simple CPR's facilities located in Sacramento, CA and Modesto, CA, which do include a hands-on skills assessment). Certification cards provided after completion of a Simple CPR online course indicate that it is issued from the American Health Association. **NETA will not accept online CPR/AED certifications** granted by Simple CPR (aka the American Health Association).