


## Comparison of NCCA-Accredited Group Exercise/Fitness Certifications

As of March 2018, only three organizations offered an NCCA-accredited Group Exercise/Fitness Instructor certification. These include the National Exercise Trainers Association (NETA), the American Council on Exercise (ACE), and the Athletics and Fitness Association of America (AFAA). The table below provides a comparison of these certification programs.

	Certification Test-Only Regular Fee	Number of Exam Questions	Exam Time	Pass Rate	Retake Fee	CPR with hands-on practical skills evaluation required	Recertification Period	CECs/CEUs* needed for recertification	On-time Recertification Fee	Late Recertification fee – 1-90 days post-expiration	Late Recertification Fee – 91-180 days post-expiration
 <b>NETA</b> National Exercise Trainers Association	\$239 <sup>◇</sup>	120 (100 scored + 20 pretest)	120 minutes	76% (2017)	\$99	Yes	2 years	20	\$55	\$70	\$85
<b>ACE</b>	\$249	150 (125 scored + 25 pretest)	180 minutes	63% (2016)	\$199	Yes**	2 years	2.0 <sup>†</sup>	\$129 <sup>‡</sup>	\$169	\$199
<b>AFAA</b>	\$249	120 (100 scored + 20 pretest)	120 minutes	62% (Jan-Sep '17)	\$149	Yes**	2 years	1.5 <sup>†</sup>	\$99	\$149 ((\$99+\$50 late fee))	NA <sup>§</sup>

◇ For an additional \$10 (if registration is received > 30 days before the workshop date), candidates may upgrade to attend a live review workshop

\* CECs = Continuing Education Credits, CEUs = Continuing Education Units

\*\* ACE and AFAA also require AED certification.

† 0.1 ACE CEC or 0.1 AFAA CEU = 1.0 NETA CEC

‡ \$129 for those holding one ACE certification, \$69 each for those holding two ACE certifications, \$59 each for those holding three ACE certifications, \$49 each for those holding four ACE certifications.

§ AFAA provides a 90-day reinstatement grace period, NETA and ACE provide at 180-day reinstatement grace period

The table above reflects publicly available information as of March 14, 2018.

