

What is the prerequisite for NETA’s Wellness Coach Specialty Certification?

To be eligible for NETA’s Wellness Coach Specialty Certification, candidates must hold (1) current NCCA-accredited health or fitness certification, or (2) bachelor’s degree or higher in a health or fitness-related field, or (3) credential/license as an allied health professional.

Have I fulfilled the prerequisite for NETA’s Wellness Coach Specialty Certification???

Anyone is welcome to attend the Wellness Coach Specialty Certification Workshop to earn the continuing education credits (CECs). However, NETA will only grant the Wellness Coach Specialty Certification to those who have: 1) successfully passed the certification exam, AND 2) have fulfilled the prerequisite.

Below is the list of NCCA-accredited* health, fitness, wellness, allied health, and health care certifications that will be accepted to fulfill this prerequisite:

<p>American Council on Exercise (ACE)</p> <ul style="list-style-type: none"> • Personal Trainer • Group Fitness Instructor • Health Coach • Medical Exercise Specialist <p>Academy of Applied Personal Training Education (AAPTE)</p> <ul style="list-style-type: none"> • Personal Fitness Trainer <p>Action Certification</p> <ul style="list-style-type: none"> • Personal Trainer <p>American College of Sports Medicine (ACSM)</p> <ul style="list-style-type: none"> • Personal Trainer • Certified Exercise Physiologist • Registered Clinical Exercise Physiologist <p>The Cooper Institute (CI)</p> <ul style="list-style-type: none"> • Personal Trainer <p>International Fitness Professionals Association (IFPA)</p> <ul style="list-style-type: none"> • Personal Fitness Trainer <p>National Academy of Sports Medicine (NASM)</p> <ul style="list-style-type: none"> • Personal Trainer <p>National Council for Certified Personal Trainers (NCCPT)</p> <ul style="list-style-type: none"> • Personal Trainer <p>National Council on Strength and Fitness (NCSF)</p> <ul style="list-style-type: none"> • Personal Trainer • Strength Coach <p>National Exercise and Sports Trainers Association (NESTA)</p> <ul style="list-style-type: none"> • Personal Fitness Trainer <p>National Exercise Trainers Association (NETA)</p> <ul style="list-style-type: none"> • Personal Trainer • Group Exercise Instructor <p>National Federation of Professional Trainers (NFPT)</p> <ul style="list-style-type: none"> • Personal Fitness Trainer <p>National Strength & Conditioning Association (NSCA)</p> <ul style="list-style-type: none"> • Personal Trainer • Certified Strength and Conditioning Specialist 	<p>Personal Training Academy Global, Inc. (PTA Global)</p> <ul style="list-style-type: none"> • Personal Trainer <p>Pilates Method Alliance (PMA)</p> <ul style="list-style-type: none"> • PMA Certified Pilates Teacher <p>World Instructor Training Schools (WITS)</p> <ul style="list-style-type: none"> • Personal Trainer Level 1 <p>American Clinical Board of Nutrition (ACBN)</p> <ul style="list-style-type: none"> • Diplomat American Clinical Board of Nutrition <p>Commission on Dietetic Registration</p> <ul style="list-style-type: none"> • Dietitian Technician, Registered • Registered Dietitian • Board Certification as a Specialist in Renal Nutrition, Sports Dietetics, Oncology Nutrition, Pediatric Nutrition, or Gerontological Nutrition <p>National Athletic Trainers Association Board of Certification (NATA-BOC)</p> <ul style="list-style-type: none"> • Entry-Level Athletic Trainer Certification <p>National Board for Certification in Occupational Therapy (NBCOT)</p> <ul style="list-style-type: none"> • Certified Occupational Therapy Assistant • Occupational Therapist Registered <p>National Council for Therapeutic Recreation Certification, Inc.</p> <ul style="list-style-type: none"> • Certified Therapeutic Recreation Specialist <p>National Commission for Health Education Credentialing</p> <ul style="list-style-type: none"> • Certified Health Education Specialist • Master Certified Health Education Specialist <p>National Certification Board for Therapeutic Massage and Bodywork (NCBTMB)</p> <ul style="list-style-type: none"> • National Certification in Therapeutic Massage and Bodywork • National Certification in Therapeutic Massage <p>*NETA will also accept valid Group Exercise Instructor and Personal Trainer certifications granted by the Athletics & Fitness Association of America (AFAA), and valid Yoga Alliance Registered Yoga Teacher credentials.</p>
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In addition to the above listed NCCA-accredited credentials, candidates may also fulfill the prerequisite through completion of a bachelor’s degree or higher in a health or fitness-related field (e.g., exercise science, kinesiology, exercise physiology, physical education, health education, psychology) or by holding licensed credentials as an allied health professional including:

- Medical Doctor (M.D.)
- Doctor of Osteopathic Medicine (D.O.)
- Doctor of Chiropractic (D.C.)
- Physical Therapist (PT)
- Physical Therapist Assistant (PTA)
- Registered Nurse (RN)
- Licensed Nurses (LPN, LVN)
- Doctor of Podiatric Medicine (DPM)
- Medical and Nursing Specialties (multiple)
- Licensed Psychologist