## What is the prerequisite for NETA's Wellness Coach Specialty Certification?

To be eligible for NETA's Wellness Coach Specialty Certification, candidates must hold (1) current NCCA-accredited health or fitness certification, <u>or</u> (2) bachelor's degree or higher in a health or fitness-related field, <u>or</u> (3) credential/license as an allied health professional.

## Have I fulfilled the prerequisite for NETA's Wellness Coach Specialty Certification???

Anyone is welcome to attend the Wellness Coach Specialty Certification Workshop to earn the continuing education credits (CECs). However, NETA will only grant the Wellness Coach Specialty Certification to those who have: 1) successfully passed the certification exam, AND 2) have fulfilled the prerequisite.

## Below is the list of NCCA-accredited\* health, fitness, wellness, allied health, and health care certifications that will be accepted to fulfill this prerequisite:

American Council on Exercise (ACE)	National Pilates Certification Program (NPCP)
Personal Trainer	Certified Pilates Teacher
Group Fitness Instructor	National Strength & Conditioning Association (NSCA)
Health Coach	Personal Trainer
Medical Exercise Specialist	Certified Strength and Conditioning Specialist
Action Certification	Tactical Strength and Conditioning-Facilitator
Personal Trainer	World Instructor Training Schools (WITS)
American College of Sports Medicine (ACSM)	Personal Trainer Level 1
Personal Trainer	
Certified Exercise Physiologist	American Clinical Board of Nutrition (ACBN)
Registered Clinical Exercise Physiologist	Diplomat American Clinical Board of Nutrition
Collegiate Strength & Conditioning Coaches Association (CSCCa)	Commission on Dietetic Registration
<ul> <li>Strength and Conditioning Coach Certified</li> </ul>	Dietitian Technician, Registered
International Personal Trainer Academy	Registered Dietitian
Personal Trainer	<ul> <li>Board Certification as a Specialist in Renal Nutrition,</li> </ul>
International Fitness Professionals Association (IFPA)	Sports Dietetics, Oncology Nutrition, Pediatric Nutrition,
Personal Fitness Trainer	or Gerontological Nutrition
National Academy of Sports Medicine (NASM)	National Athletic Trainers Association Board of Certification
Personal Trainer Certification	(NATA-BOC)
National Aerobics & Fitness Trainers Association (NAFTA)	Entry-Level Athletic Trainer Certification     National Board for Certification in Occupational Therapy (NBCOT)
Group Exercise Instructor	
National Council for Certified Personal Trainers (NCCPT)	Certified Occupational Therapy Assistant
Personal Trainer	Occupational Therapist Registered
National Council on Strength and Fitness (NCSF)	National Council for Therapeutic Recreation Certification, Inc.
Personal Trainer	Certified Therapeutic Recreation Specialist     National Commission for Health Education Credentialing
Strength Coach	-
National Exercise and Sports Trainers Association (NESTA)	
Personal Fitness Trainer National Exercise Trainers Association (NETA)	Master Certified Health Education Specialist     National Certification Board for Therapeutic Massage and
	Bodywork (NCBTMB)
	National Certification in Therapeutic Massage and
Group Exercise Instructor     National Federation of Professional Trainers (NFPT)	Bodywork
Personal Fitness Trainer	National Certification in Therapeutic Massage

\*NETA will also accept valid Yoga Alliance Registered Yoga Teacher (RYT) credentials.

In addition to the above listed NCCA-accredited credentials, candidates may also fulfill the prerequisite through completion of a bachelor's degree or higher in a health or fitness-related field (e.g., exercise science, kinesiology, exercise physiology, physical education, health education, psychology) or by holding licensed credentials as an allied health professional including:

- Medical Doctor (M.D.)
- Doctor of Osteopathic Medicine (D.O.)
- Doctor of Chiropractic (D.C.)
- Physical Therapist (PT)
- Physical Therapist Assistant (PTA)

- Registered Nurse (RN)
- Licensed Nurses (LPN, LVN)
- Doctor of Podiatric Medicine (DPM)
- Medical and Nursing Specialties (multiple)
- Licensed Psychologist